

CAROLINA RHI

Patient Intake Form

Carolina Rectal Health Institute
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PATIENT INFORMATION

Full Name: _____
Date of Birth: _____ Age: _____
Gender: ☐ Male ☐ Female ☐ Other: _____
Address: _____
City/State/ZIP: _____
Phone: _____ Email: _____
Preferred Contact: ☐ Phone ☐ Text ☐ Email

Insurance Provider: _____

Referring Provider (if any): _____

Primary Care Provider: _____

What brings you in today?

Severity Pain score (0–10): ____/10
How long have you had these symptoms _____
Timing of symptoms (constant/intermittent): _____
Modifying factors: What makes it better or worse?

REVIEW OF SYSTEMS

Please check all that apply:

GENERAL

☐ Fever ☐ Chills ☐ Weight loss ☐ Fatigue ☐ None

GASTROINTESTINAL

☐ Rectal pain
☐ Bleeding
☐ Constipation
☐ Diarrhea
☐ Rectal pressure
☐ Tissue prolapse
☐ None

GENITOURINARY

☐ Pain with urination
☐ Increased frequency

- ☐ Leakage / incontinence
- ☐ None

SKIN

- ☐ Rashes
- ☐ Perianal irritation
- ☐ None

NEUROLOGIC

- ☐ Weakness
- ☐ Numbness
- ☐ None

HEMATOLOGIC

- ☐ Easy bleeding
- ☐ Easy bruising
- ☐ On blood thinners
- ☐ None

PSYCHIATRIC

- ☐ Anxiety
- ☐ Depression
- ☐ None

PAST MEDICAL HISTORY

(List all medical conditions)

PAST SURGICAL HISTORY

MEDICATIONS

(Include prescription, over-the-counter, vitamins, supplements)

Are you on a blood thinner?

☐ No ☐ Yes → Which? _____

ALLERGIES

- ☐ No known allergies
- ☐ Allergic to: _____

Reaction(s): _____

FAMILY HISTORY

Any family history of colorectal disease?

☐ Colon cancer ☐ Polyps ☐ Crohn's ☐ Ulcerative colitis ☐ None

Other: _____

SOCIAL HISTORY

Tobacco: ☐ Never ☐ Former ☐ Current

Alcohol: ☐ None ☐ Social ☐ Daily

Occupation: _____

SYMPTOM-SPECIFIC QUESTIONS (ANORECTAL)

Bleeding: ☐ Bright red ☐ Dark ☐ On toilet paper ☐ In toilet bowl

Pain: ☐ Sharp ☐ Dull ☐ Itching ☐ Burning

Prolapse:

☐ Tissue comes out ☐ Goes back in on its own

☐ Must push it back ☐ Constantly out

Bowel habits:

Stool frequency per day/week: _____

Straining? ☐ Yes ☐ No

Sensation of incomplete emptying? ☐ Yes ☐ No

PRIOR TESTING / PROCEDURES

Colonoscopy:

☐ Never

☐ Yes Date: _____ Findings (if known): _____

Relevant imaging: _____

FOR PATIENT TO SIGN

I certify that the information provided is accurate to the best of my knowledge.

Patient Signature: _____

Date: _____

